

# The Wellington News

Assisted Living • Respite Care Services

Please check our website or call for updated information about our visitation policy.



## Happy Birthday

*Best wishes to our staff and residents celebrating birthdays this month.*

### EMPLOYEES

- |              |              |
|--------------|--------------|
| <b>11/22</b> | Cecelia G.   |
| <b>11/22</b> | Charlotte W. |
| <b>11/24</b> | Geraldine S. |

## Activity Highlights



*We all enjoyed making fall cutout Rice Krispie treats (and eating them!) during Happy Hour.*



*Residents made fall wreath for their rooms during a recent arts & crafts activity.*



*Welcome back to our beautician. Our residents are happy to have access to haircuts and perms again.*

## Wellington Place at Rib Mountain

4100 North Mountain Road

Wausau, WI 54401

715.842.5000

Barbara Boenski, Administrator

[!\[\]\(23a2e9ddc7bb0ef55393d38b772a848d\_img.jpg\) Like Us On Facebook](#)

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items.

Please call our office.



**WISCONSIN  
ILLINOIS**  
SENIOR HOUSING INC.

[WellingtonPlaceRibMountain.org](http://WellingtonPlaceRibMountain.org)

WE ACCEPT CREDIT CARDS



# This Season a Flu Vaccine is More Important than Ever!

**Getting a flu vaccine is more important than ever during 2020-2021 to protect yourself, your family and your community from flu.**

A flu vaccine this season can also help reduce the burden on our healthcare systems responding to the COVID-19 pandemic and save medical resources for care of COVID-19 patients.

Influenza (Flu) and COVID-19 are both contagious respiratory illnesses, but they are caused by different viruses. COVID-19 is caused by infection with a new coronavirus (called SARS-CoV-2) and flu is caused by infection with influenza viruses. Because some of the symptoms of flu and COVID-19 are similar, it may be hard to tell the difference between them based on symptoms alone, and testing may be needed to help confirm a diagnosis. Flu and COVID-19 share many characteristics, but there are some key differences between the two.

## Similarities:

- Fever or feeling feverish/chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue (tiredness)
- Sore throat
- Runny or stuffy nose
- Muscle pain or body aches
- Headache

## Differences:

- Flu viruses can cause mild to severe illness, including common signs and symptoms listed above.
- Other signs and symptoms of COVID-19, different from flu, may include change in or loss of taste or smell. While more is learned every day, there is still a lot that is unknown about COVID-19 and the virus that causes it.

Source: cdc.gov

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