

## Gorgeous Grandma Day

Tuesday, July 23rd is the next official Gorgeous Grandma Day or take a significant woman who is 50 or older for a day out. Take her to lunch at her favorite restaurant, have a picnic in a sunny park, make it a ladies day with mani and pedicures, simply enjoy ice cream cones together or give her a call if she lives a long distance away.

This is also a good time to remember your loved ones with favorite memories you can share with family members or refresh your memories while looking through a family album.

Source: [cnbc.com](http://cnbc.com)

## Wellington Place at Rib Mountain

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Barbara Boenski, Administrator

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## July is World Watercolor Month

Paintings contribute to the beauty of homes, offices, and business establishments. If you have the desire to paint, you should try to develop your skill. Learning how to paint is not that difficult especially if you put your heart into it. While you're trying to find a medium to use, perhaps you might want to try watercolor paintings.

**Here are some of the best reasons to try watercolor painting:**

**It is easy** – when compared to other types of painting, watercolor painting is really easy and you can expect better results in a very short time.

**It is fast** – there are certain techniques that you should learn in watercolor painting. Once you learn such techniques, you can do quick washes and spontaneous strokes. You may finish your piece in less than an hour and get satisfying results.

**It does not smudge** – as compared to charcoal and pastel, watercolor painting doesn't smudge.

**It dries quickly** – in several minutes, your art piece is already dry. If you use oil paints for example, it could take days or even weeks before the piece dries completely.

**'Accidents' can contribute to your creativity** – you don't have to worry about accidents during watercolor painting because it can magically develop into something beautiful. You can even pour the watercolor on the paper as you start your painting and see what designs it can create.

Experts say that using watercolor is hard because the artist or painter can't control it easily. For beginners, here's good advice – let the watercolor's magic work. Don't interfere at first and see the designs it can create and start painting from there.

In time, you will be able to control your strokes and create more artistic and unique watercolor paintings. Never stop learning because by doing so, you can develop more interesting and artistic ideas that you can use in your paintings.



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## July 25: Wine & Cheese Day

The basic rule about pairing food with wine is that one shouldn't overpower



the other. Simply put, strong cheeses should pair well with strong wines, while mild cheeses would go well with mild wines.

Acidic wines go perfectly well with pungent cheeses. Brie goes well with sparkling wine or Chardonnay while goat cheese matches well with Sauvignon Blanc.

Sweetish wines go perfectly with soft cheeses. A slice of Camembert goes well with Chenin Blanc or Vouvray. Full bodied red wines pair perfectly with hard cheeses.

Even the humble common cheese like cheddar could be paired well with sweet wines such as Port, Vermouth, and Sherry.

When it comes to cheese and wine pairing, the best guide is one's taste. If it seems good, then it must be a good match.

# WiCAL

Wisconsin Center for Assisted Living

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## July 1: US Postage Stamp Day

The US postage stamps share and showcase as much history as the nation itself. As such, the stamp collectors are offered a huge selection of models and designs to choose from. It's what makes stamp collecting an interesting and challenging hobby.

It was in the 1920s when stamp collecting became so widespread. The stamps issued in the United States at that time had been expected to gain considerable value.

This led most Americans in the 1930s to hoard mint US stamps. They hoped to sell them later on for a higher price. This never happened. Up to present, stamps issued in the 1930s are still of the ordinary value.

Most stamps issued today are generally of ordinary value. Yet, every now and then, high face value stamps come out. Some of the sought after stamps are full souvenir sheets with printing errors.

Today, plate blocks of US postage stamps are still bestsellers. They are what most collectors really aim for. Other hard-to-find stamps are those that complete a series.

If you are starting a collection, there are older United States postage stamps that can be acquired for very affordable values. Cancelled or barely cancelled stamps are also collectable and retain some value.



## 50th Anniversary of the Moon Landing: July 20

Fifty years ago, on July 20, 1969, people across America stopped to watch their TVs in awe as an event that only seemed possible in science fiction movies happened on screen—Apollo 11, carrying three astronauts, Neil Armstrong, Edwin “Buzz” Aldrin and Michael Collins, landed on the moon. With a captive audience thousands of miles away, Armstrong proclaimed, “That’s one small step for man, one giant leap for mankind.” For three days in space, they conducted experiments, gathered moon rocks, snapped photos, installed a U.S. flag, and returned to Earth safely four days later. This event was not just a monumental moment for these three astronauts or NASA, but a great accomplishment for people everywhere who continue reaching for the stars.

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